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Novel *BTK* mutation in X-linked agammaglobulinemia: Report of a 17-year-old male

Zoha Shaka^a, Helia Mojtabavi^{b,c}, Elham Rayzan^{c,d}, Samaneh Zoghi^{e,f,g,h}, Sepideh Shahkarami^{h,i,i}, Jimenez Heredia Raul^{e,f,g,k}, Iraj Sedighi^I, Kaan Boztug^{e,f,g,k,m}, Nima Rezaei^{c, d,h,j*}

°School of Medicine, Iran University of Medical Sciences, Tehran, Iran

^bSchool of Medicine, Tehran University of Medical Sciences, Tehran, Iran

^cSystematic Review and Meta-Analysis Expert Group (SRMEG), Universal Scientific Education and Research Network (USERN), Tehran, Iran

^dInternational Hematology/Oncology of Pediatrics Experts (IHOPE), Universal Scientific Education and Research Network (USERN), Tehran, Iran

^eLudwig Boltzmann Institute for Rare and Undiagnosed Diseases, Vienna, Austria

^fSt. Anna Children's Cancer Research Institute (CCRI), Vienna, Austria

³CeMM Research Center for Molecular Medicine of the Austrian Academy of Sciences, Vienna, Austria

^hResearch Center for Immunodeficiencies, Children's Medical Center, Tehran University of Medical Sciences, Tehran, Iran

ⁱDepartment of Pediatrics, Dr. Von Hauner Children's Hospital, University Hospital, Ludwig-Maximilians-Universität München (LMU), Munich, Germany

^jMedical Genetics Network (Megene), Universal Scientific Education and Research Network (USERN), Tehran, Iran

^kDepartment of Pediatrics and Adolescent Medicine, Medical University of Vienna, Vienna, Austria

¹Department of Paediatrics, School of Medicine, Hamedan University of Medical Sciences, Hamedan, Iran

^mDepartment of Paediatrics and Adolescent Medicine, St Anna Children's Hospital, Medical University of Vienna, Vienna, Austria

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Abstract

Introduction and objectives: X-linked agammaglobulinemia (XLA), the first known primary immunodeficiency, is caused by rare mutations in *Bruton's tyrosine kinase* (*BTK*) gene. Mutations in the *BTK* gene lead to a failure in the development and maturation of B-cell linage. A decreased number of B-cells results in agammaglobulinemia and increased susceptibility to a variety of infections. Therefore, patients with XLA usually manifest with repetitive bacterial infections, such as upper respiratory tract infections, septic arthritis, osteomyelitis, and urinary tract infections, since their infancy.

Patients: We report a 17-year-old Iranian boy with XLA, referred to us with a history of severe and recurrent episodes of bacterial infections for a period of six years.

*Corresponding author: Nima Rezaei, MD, PhD, Children's Medical Center Hospital, Dr. Qarib St, Keshavarz Blvd, Tehran 14194, Iran. Email address: rezaei_nima@tums.ac.ir, rezaei_nima@yahoo.com

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81

Results: Genetic analysis using the whole Exome sequencing revealed a hemizygous missense mutation in the *BTK* gene (c.428 A > T, p.His143Leu). *Conclusion*: To our knowledge, c.428 A > T has not been reported in the *BTK* gene.

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Introduction

X-linked agammaglobulinemia (XLA) is an inherited disorder characterized by a profound deficiency of all isotypes of immunoglobulins (Ig) with a significant reduction in mature B-cell counts (less than 1%) in the peripheral circulation.¹ This disease belongs to a broader group of rare genetic disorders called primary immunodeficiency diseases (PIDs). XLA, after years of study and gaining a better insight about PIDs, can be described as human inborn errors of immunity.² PID affects different components of innate and adaptive immune system at various levels of development and maturation. Up to date, most reported cases of PID in children are that of XLA as it is known as the most common inherited antibody deficiency.¹⁻⁴

In 1993, Bruton tyrosine kinase (BTK) gene located on X chromosome was found to be the responsible gene defect for XLA. It was named after pediatrician Ogden Bruton, who first discovered the disease in 1952.3 All the blood cell lineages derived from hematopoietic stem cells can express *BTK*, anon-receptor protein tyrosine kinase, except T-cells and natural killer cells. In B-cell linage, *BTK* is involved as a key regulator of different signals, transduction pathways, and plays an essential role in the differentiation and maturation of premature B-lymphocytes. Therefore, mutations in the *BTK* gene result in developmental arrest from the pro-B-cell to pre-B-cell stage.⁵

Owing to the lack of sufficient humoral immunity and failure in the production of immunoglobulins, XLA patients generally suffer from the most severe and recurrent infections. Symptoms typically appear after the age of six months when the protective trans-placental maternal Immunoglobulin G (IgG) antibodies decrease and patients are unable to produce antibodies on their own.⁴ The most common clinical manifestations in XLA patients are upper and lower respiratory tract infections, such as otitis media, sinusitis, bronchitis, and pneumonia. Severe infections, including septicemia, meningitis, osteomyelitis and septic arthritis, and gastrointestinal tract infections, may also occur in XLA patients.²⁻⁶

Since 1952, immunoglobulin replacement therapy and prophylactic antibiotic therapy are the cornerstone treatments for XLA patients.⁷ In immunoglobulin replacement therapy, a collection of pooled antibodies (>90% IgG and <10% immunoglobulin A [IgA] and immunoglobulin M [IgM]), obtained from the serum of hundreds of donors, is administered intravenously (IV), subcutaneously (SC), or intramuscularly (IM).⁸ This treatment is usually initiated with a loading dose of 1g/kg body weight and continued lifelong with a maintenance dose of 400-600 mg/kg body weight every month (IV) or every 15 days (SC). The goal of this treatment is to reduce life-threatening infections and increase the survival rate and quality of life in XLA patients.⁹

Case presentation

A 17-year-old Iranian boy was referred due to recurrent infections to the Pediatrics Center of Excellence of the Children's Medical Center Hospital, Tehran, Iran. His symptoms started with a fever and chronic productive cough at the age of four, and was hospitalized for recurrent respiratory tract infections such as pneumonia and sinusitis at the age of five. Later, he experienced several episodes of fever and swelling in his right shoulder joint and right knee, which were diagnosed as recurrent osteomyelitis and septic arthritis.

He was the second child of non-consanguineous parents who had lost their first male child at the age of seven because of severe pneumonia. The other two male siblings, aged 15 and 13 years, were asymptomatic at the time of the study. Apart from his brother, in their extended family history, his mother had lost a male sibling in early childhood due to central nervous system (CNS) infection. The other seven siblings of his mother were healthy and totally complaint-free. The family pedigree in detail is illustrated in Figure 1.

Our patient was born with a favorable perinatal and birth history, manifested normal growth indices, and followed through normal developmental milestones. Considering the patient's medical history of severe recurrent infections and family history of deaths of their male relatives at a young age because of infections, immunodeficiency disorders were under consideration. At the age of 13, an antibody profile study was performed for the patient using the enzyme-linked-immunosorbent serologic assay (ELISA) method, which revealed a total decrease in serum immunoglobulins (serum level of IgG 131.1 mg/dL [range: 667-1464mg/dL] and that of IgM 39.1 mg/dL (range: 49-261 mg/dL]).

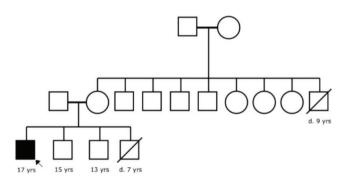


Figure 1 Pedigree of a 17-year-old proband with X-linked agammaglobulinemia. Black square represents affected individuals, the arrow indicates our patient, and members with cross lines are deceased.

Table 1 Laboratory findings

2014 (age: 13 years)				2017 (age: 15 years)			2019 (age: 17 years)		
Immunoglobulin profile		Reference range	Immunoglobulin profile		Reference range	Immunoglobulin profile		Reference range	
lgG lgM lgA lgE	131.1 mg/dL 39.1 mg/dL 37.7 mg/dL 31.970 IU/ml	667-1464mg/dL 49-261mg/dL 77-219mg/dL <200 IU/ml	lgG IgM IgA	259 mg/dL 3 mg/dL 9 mg/dL	630-1300 mg/dL 40-270 mg/dL 60-300 mg/dL	lgG lgM lgA	115 mg/dL Undetectable Undetectable	639-1349 mg/dL 37-286 mg/dL 60-337 mg/dL	
Blood flowcytometry analysis: lymphoid markers				Lymph (%) (age: 17 years)			Lymph (%) (age: 15 years)		
CD3					90			93	
CD4				29			32		
CD8					55			48	
CD19					0.5			Neg	
CD16					9			8	
CD56					9				

Successively to this result, patient was initiated with intravenous immunoglobulin (IVIg) therapy, 500 mg/kg body weight stat and a maintenance monthly dose. For the following four years, because of economic burden and limited access to treatment resources, the patient did not adhere to his monthly maintenance therapy. He received just three to four doses in four years. Fortunately, despite discontinuing his treatment and follow-up plan, he did not experience any major episodes of infections since the initial IVIG treatment.

At the age of 17, he was referred to our center for genetic studies. He was symptom-free in between the visits. Another immunological workup, which was performed using the ELISA method, showed a decreased serum level of IgG 115 mg/dL (range: 639-1349 mg/dL) and undetectable levels of IgM and IgA. Detailed levels of initial and successive immunoglobulins are presented in Table 1. His total leukocytes count was 5.58×10^3 (granulocytes 54%, monocytes 9%, and lymphocytes 37%), which led us to perform flowcytometric study of his blood sample. Flowcytometric analysis was done on 20,000 WBC/µL; it revealed 90% CD3+ lymphocytes (in total: 32%), CD19+ lymphocyte count was 0.5% (in total: 0.1%), and undetectable CD20+.

The result of genetic analysis by whole exome sequencing (WES) confirmed the novel hemizygous missense mutation (ENST00000308731.7:c.428A>T, p.His143Leu) in the *BTK* gene; hence, XLA diagnosis was confirmed for the patient. The variant was not found in public databases such as 1000 genome project or GnomAD and had a damaging prediction score (v1.4 CADD score of 25.8).^{10,11}

Discussion

XLA is a rare disease, so it is difficult to determine the exact number of its prevalence and frequency; however, it has been reported that the prevalence of this disease is around 0.0004% (1 in 250,000) of live births and the disease frequency is approximately 0.001% (1 case in 100,000) in male newborns.^{6,9}

XLA could be diagnosed based on the following three main criteria: (1) clinical presentation of recurrent infections in the first five years of life with low levels of immunoglobulins (IgG level less than 500 mg/dL, and IgA and IgM levels less than two standard deviations of the normal range and less than 2% of mature B-cells in peripheral circulation); (2) a family history of maternal male relatives with XLA diagnosis; and (3) bearing a mutation in *BTK* gene and/or defective BTK protein.^{2,12}

BTK mutations are found in 80% of patients with agammaglobulinemia.¹³ This gene is located on X-chromosome at Xq21.3-Xq22, consisting of 19 exons and encompasses 37.5 kilo-base (kb) pair of human genome.¹³ More than thousands of different mutations have been found in *BTK*, with missense mutations being the most frequent ones. In line with this, the mutation that we described in our patient was a novel hemizygous missense mutation (c.428A>T, p.His143Leu).

Even though the genetic analysis is a powerful tool for diagnosing XLA, it cannot determine the prognosis and severity of the disease. In fact, the genotype-phenotype correlation has not been entirely understood yet. Some studies suggest that the severity of XLA disease can be influenced by specific mutations, while several others have concluded that the correlation between genotype and phenotype in XLA is not significant.^{6,14,15}

The main treatment for this disease is the lifelong immunoglobulin replacement therapy for every three to four weeks, in addition to the use of prophylactic or intensive antibiotic treatment in case of more infections. The IVIG therapy is an effective method to decrease the risk of infection in XLA patients.^{6,14} As a matter of fact, our case did not experience the pre-mentioned infection episodes yet after receiving the IVIG therapy.

Over the past two decades, the prognosis of XLA has improved significantly and patients can survive into the adulthood as the result of early diagnosis of XLA, immunoglobulin replacement therapy, and better management in treating infections. It has been reported in some previous studies that the annual mortality rates of XLA have been dropped from 17-25% to 1%. However, chronic lung diseases and sepsis are still the most common cause of death in these patients, and because of lung complications, more than half of the patients die before reaching the age of 45,^{5,7,16}

Even though the immunoglobulin replacement therapy has improved life expectancy and quality of life in XLA patients, it is not a curative and final treatment for XLA and has some limitations. For instance, the high cost of IVIG in most countries often combined with their limited resources, a lifelong course of follow-up, and failing against some pathogens because of the lack of IgM and IgA are some of the limitations of this therapy.

Other treatment options for XLA patients are hematopoietic stem cell transplantation (HSCT) and stem cell gene therapy by viral vectors. These treatments are still under study and need to be improved, but the gene therapy has the potential to be the future ideal treatment for XLA, which can cure the defected *BTK* gene for life.^{5,7,9}

Ethical disclosure

After describing the novelty of genomic mutation causing the disease to the patient's family, they orally consented to the authors to use patient's medical records for publication.

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